Mission Statement

The Master of Arts in Clinical Mental Health Counseling Program is designed to provide advanced and broad training for South University graduate students regarding theories, principles, and dynamic applications in the field of clinical mental health counseling. Students develop the skills necessary to engage in effective assessment and treatment practices, achieve competence for ethical, legal, and professional issues, and understand the significance and utility of research to the field. Faculty members are dedicated to maintaining high teaching standards, developing intellectual curiosity, advancing critical thinking, and engaging in service to the University, community, and profession. The program promotes an understanding and appreciation of individual and cultural diversity, instills an awareness of the need for ongoing education beyond graduation, and prepares those pursuing a doctoral degree in the field through granting the terminal master’s degree.

Clinical Mental Health Counseling Program Objectives:

• Students will demonstrate knowledge, comprehension, synthesis, and application of the major theories comprising the foundation of counseling from a historical and contemporary perspective.
• Students will demonstrate an awareness and comprehension of the normal and abnormal mechanisms of change within individuals across the lifespan.
• Graduates will demonstrate an ability to properly identify, assess, conceptualize, diagnose, and treat mental disorders in the context of the accepted diagnostic nomenclature.
• Students will gain an understanding and appreciation of the contributions of quantitative and qualitative research and the synergy among the theoretical, clinical and scientific components of the field.
• Students will explore and understand the impact of their personal view as it relates to their world view and the multidimensional nature of cultural influences as a Counselor Educator.
• Students will develop effective verbal and written communication skills necessary to interface with various constituents including clients, treatment teams, and public entities.
• Student will demonstrate an appropriate level of professional development as evidenced by the knowledge and understanding of pertinent ethical and legal principles in the profession, in addition to current/emerging issues in the field.
• Students will achieve an appreciation and level of proficiency concerning the knowledge, skills, and competencies deemed appropriate for use in the profession as identified by the ongoing need for education and training beyond graduation.

**PROGRAM OUTCOMES**

- **Quality of the Program** (as reflected in achieved national accreditation or national peer comparisons)
- **Productivity of the Program** (as reflected in enrollments and degree completions)
- **Course-level Student Success** (as reflected in quality control, withdrawal/failure rates, student ratings)

**Program Overview**

Year January 1, 2019 - December 31, 2019

1. Number of students in the CMHC program 99
2. Number of Graduates during 2019 23
3. Number of Admissions during 2019 42
4. Program’s Completion Rate for 2019 59.4%
5. Number of Graduates employed in Mental Health Field 2019 10
6. Number of Graduates waived/furthering education 1
7. Employment Placement Rate for 2019 58.8%
8. Graduates Pass Rate on State Exam 2019 80%
9. Number of students in practicum/internship placements 2019 31
10. Number of placements available to students 40
11. Number of students passed their Comprehensive Case Conceptualizations (CCC) portion of the exit examination: 14 of 23 for 78% pass rate
   a. SPRING 2019 – 12 students took the exam and 6 Passed
   b. SUMMER 2019 – 8 students took the exam and 6 Passed
   c. FALL 2019 – 1 students took the exam and 1 Passed
   d. WINTER 2020 - 2 students took the exam and 2 Passed
12. Number of students passed/failed their CPCE portion of comps-Test administered on: 20 of 27 for 73% pass rate
   a. SPRING 2019 – 5 students took the exam and 4 Passed
   b. SUMMER 2019 – 6 students took the exam and 4 Passed
   c. FALL 2019 – 9 students took the exam and 8 Passed
   d. WINTER 2020 - 7 students took the exam and 4 Passed
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<th>Content Area</th>
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### SOUTH UNIVERSITY, CMHC ANNUAL REPORT

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<tr>
<th>N=1019 Mean = 80.1 Standard Deviation = 14.5</th>
<th>N= 5 Mean = 66.4 Standard Deviation = 18.4</th>
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13. CPCE - Tested areas were: Human Growth and Development (C1), Social and Cultural Foundations (C2), Helping Relationships (C3), Group Work (C4), Career and Lifestyle Development
Development (C5), Appraisal (C6), Research and Program Evaluation (C7), and Professional Orientation and Ethics (C8).

14. CCC - Number of students who passed their Comprehensive Case Conceptualizations and what is entailed: The second part of the exit examination entails students producing comprehensive clinical reports on case studies that are assessed across the following categories: evaluation and assessment, diagnosis and treatment planning, and clinical practice. Criterion reviewed includes accuracy, comprehensiveness, critical thinking, individualized case plan, and mechanics of the case conceptualization report. Students show evidence of improvement for critical thinking and analytical problem-solving skills while taking the second part of the exit exam, which is the case conceptualization.

In assessing each comprehensive case conceptualization component the degree of accuracy, comprehensiveness, critical thinking, individualized case plan, and mechanics of writing the assessment is reviewed for the following sections: Section 1: Evaluation & Assessment: entails identifying precipitating problems or symptoms, comprehensive psychosocial assessment, and identifying individual and relationship functioning; Section 2: Diagnosis & Treatment Planning: entails the integrating client assessment and observational data to formulate a conceptualization and utilizing that information to formulate a differential diagnosis on a multiaxial system before developing a treatment plan and Section 3: Clinical Practice: entails determining and identifying other services that could address client needs, identify and discuss applicable ethical and legal issues, and finally determining the practitioners scope of practice parameters.

The comprehensive case conceptualization evaluation tool is a rubric that measures accuracy, comprehensiveness, critical thinking, individualized case plan and mechanics basis for the three areas of the case conceptualization are assessed across five levels of competence. This comprehensive assessment (accuracy, comprehensiveness, critical thinking, individualized case plan, and mechanics) detailed in the rubrics assess Section 1: Evaluation and Assessment correlates directly to the successful application of the following core classes: CNS6535 Clinical Mental Health Appraisal I, CNS6161 Counseling Techniques, and CNS8100 Preliminary Clinical Evaluation. The comprehensive assessment of Section 2: Diagnosis and Treatment Planning correlates to the successful application of CNS 6051 Diagnostics of Psychopathology and Treatment and CNS 6161 Counseling Techniques. The comprehensive assessment of Section 3: Clinical Practice is reflective of the effective application of CNS6313 Professional Orientation and Ethics and CNS6425 Clinical Mental Health Counseling.

Program Changes
We welcomed new counselor educator adjuncts to the program to continue teaching excellence. Dr. Antoinette Hollis, Dr. Aubrey Sejuit, and Dr. TaQueena Quintana.

We assisted displaced Argosy students and accepted 20-transfer students our CMHC program. We also established a satellite campus in Atlanta, Georgia for student convenience.

**Chi Sigma Iota Honor Society – Sigma Upsilon Sigma**

The local chapter, Sigma Upsilon Sigma, encourages the furtherance of high standards of scholarship and professional practice through volunteering, speaker programs, workshops, colloquia awards, social activities, and networking opportunities. We inducted 31 new members into the chapter on Saturday, May 4, 2019. We also participated in service projects and donated items such as toiletries, clothing and non-perishable food to the local shelters in the Columbia area. We also had bake sales, hotdog sales and other activities to raise awareness for mental health issues.

The CMHC program did many service projects to several community agencies such as Transitions Homeless shelter, Sister Care Victim’s Advocate, sock drive and donations, and United Way.

**Activities of Counseling Students 2019**

CMHC program awarded two students registration fees and hotel reservations for the South Carolina Counseling Association (SCCA) conference in Hilton Head, SC. February 2019.

CMHC program donated socks to the homeless shelters in the community. March 2019.

CMHC participated in the College of Arts and Sciences Career Fair. Students attended and spoke with employers. April 2019.

CMHC graduates and current students took the National Counselor Examination (NCE) on campus. April 2019.

CMHC students participated in the annual American Red Cross Blood Drive at South University. May 2019.

CMHC students were awarded at the honors convocation for grades and for being in the CSI honor society at South University. May 2019.


CMHC graduates and current students took the National Counselor Examination (NCE) on campus. October 2019.

CMHC students participated in the annual American Red Cross Blood Drive at South University. October 2019.

**Student State Licensure**
2. Q.M. (CMHC) passed the NCE April 2019. September Graduate 2019.

Workshops and Seminars

- Seminars – Winter 2019
  - January 26, 2019 Emotional Intelligence – Dr. Katherine DeWitt, Columbia, SC
  - February 9, 2019 Cyber counseling - Dr. Cindy Miller, Richmond, VA
  - March 9, 2019 Student CHOICE

- Seminars – Spring 2019
  - April 27, 2019 Hypnotherapy Counseling - Mr. David Leach, Columbia, SC
  - May 18, 2019 Human Trafficking - Lite House, Columbia, SC
  - June 1, 2019 Student CHOICE

- Seminars – Summer 2019
  - July 13, 2019 – Campus ONLY
  - August 10, 2019 – Trauma & Resilience - WPB – Dr. Sherrie Raz
  - August 24, 2019 – Student CHOICE

- Seminars – Fall 2019
  - October 26, 2019 – Hypnotherapy Counseling - Dr. Fredric Mau, Columbia, SC
  - November 2, 2019 – Domestic Awareness - Mr. Erik Vasser, PFC, Columbia, SC
  - November 23, 2019 – Student CHOICE